



October 2016

The Courier

First United Methodist Church of Canoga Park

22700 Sherman Way, West Hills, CA 91307-2396

Telephone: 818.340.2950

e-mail address: crossandflame@att.net

website: www.umccp.org

Preschool: 818.340.6639

Welcome to First Church where everyone is either our friend or family.

Sunday Worship at 10:00 am

Communion and Welch's Grape Juice

In the 1800's, churches faced a dilemma. The temperance movement advocated abstinence from all alcohol, but churches used wine for Communion. Substituting grape juice seems an obvious solution. In the 1800's, however, that was no easy task. Raw grape juice stored at room temperature naturally ferments into wine.

One solution was to squeeze grapes during the week and serve the juice before it fermented, but grapes were not readily available to every church. So lots of churches did not have Communion when grapes were out of season.

Some Communion stewards made their own unfermented sacramental wine. One recipe called for adding a pound of hand-squashed raisin pulp – dried grapes – to a quart of boiling water. Later in the process, an egg white was added.

Some churches substituted water for wine. Most churches, however, simply continued to use wine.

The debate continued for decades. In 1864, the General Conference of the Methodist Episcopal Church approved a recommendation that grape juice be used for communion.

Four years later, when Dr. Thomas B. Welch became a communion steward at Vineland (New Jersey) Methodist Episcopal Church, he vowed to provide his congregation with an unfermented sacramental wine. In 1869, he perfected a juice pasteurization process in his kitchen and began selling "Dr. Welch's Unfermented Wine" to churches for Communion. Unfortunately, the idea didn't take off. After four years, Welch gave up this side business.

Two years later, his son Charles convinced him to produce unfermented wine again. Charles offered free samples of the sacramental wine substitute to churches and published temperance magazines that advocated alcohol-free Communion. Then, the 1880 General Conference of the Methodist Episcopal Church decided churches were to use grape juice for Communion, whenever practicable.

Welch's, today a multinational corporation, started with a communion steward in a Methodist Episcopal church who wanted a suitable, unfermented wine for Communion.

Summarized from a UMC.org feature by Joe Iovino



Pastor

Lynn Westover

Preschool Director

Wendy Finley

Music Director/ Accompanist

Paul Cady

Christian Education Director

Margaret Cates

Administrative Assistant

Julie Mosley

Courier Layout

Sharon Mountford



Resident Bishop

Grant Hagiya

North District Superintendent

Rev. Jim Powell



October Calendar

Weekly Activities

- Sunday Peace Evangelical Church, Hall, 9:30 am
Hindi Urdu UMC, Sanctuary, 5:00 pm
- Monday Cub Pack, Scout Room, 7:00 pm
Monday Narcotics Anonymous, Parlor, 8:00 pm
- Tuesday Shower Ministry, 8:30 am - noon
Boy Scouts, Scout Room, 7:00 pm
Tuesday Narcotics Anonymous, Fellowship Hall, 8:00 pm
- Wednesday Men's Stag AA meeting, Parlor, 7:00 pm
- Thursday Choir rehearsal, Choir Room, 7:30 pm

Other Activities

- Saturday 1 Men's Fellowship Breakfast, Denny's, 8:30 am
Topanga Canyon Blvd., just north of Roscoe Blvd.
- Sunday 2 World Communion Sunday, In-gathering of food for the
West Valley Food Pantry
- Tuesday 4 Leisure Club, Lounge, 11:00 am
- Thursday 6 Charge Conference reports due
- Sunday 9 **Inspiration Sunday** with Mele Maka
- Tuesday 11 Staff Parish Relations Committee meeting in the Library,
6:00 pm (closed meeting)
Church Conference in the Library, 7:00 pm (all welcome)
Administrative Committee in the Library, 7:30 pm
- Thursday 13 Sarah's Circle; Denny's, 9:30 am
Topanga Canyon Blvd., just north of Roscoe Blvd.
Bookends, Library, 10:00 am
- Saturday 15 Courier Deadline for November issue
- Sunday 16 **Celebration Sunday**, return Estimate of Giving Cards
Meet and welcome the new Bishop, 3:00-5:00 pm
Glendale First UMC, 134 N Kenwood Street
- Monday 17 San Fernando Valley, Mission Area#3 Charge Conference,
6:30 pm, North Hollywood 1st UMC
- Tuesday 18 Prayer Shawl Ministry, Library, 10:00 am
- Wednesday 19 Faith, Hope & Love, Chandra Seeger's home, 7:00 pm
- Sunday 23 Laity Sunday
- Wednesday 26 Preschool Halloween Parade, 9:00 am
- Sunday 30 Fifth Sunday Potluck, after worship service
- ### Upcoming in November
- Tuesday 1 Leisure Club, Lounge, 11:00 am
- Saturday 5 Men's Fellowship Breakfast, Denny's, 8:30 am
Topanga Canyon Blvd., just north of Roscoe Blvd.

October Birthdays

- 2 Geraldine Allen
Jacqueline Gardner
P.J. Umphres
- 3 Susan Blaylock
- 4 Lirio Del Rosario
Marcela Rodriguez
Lauren Stipulkosky
- 5 Jane Card
- 6 Laura Kate Greenhalgh
- 7 Sarah Alderman
Jennifer Ervin
- 9 Paul Cady
Erin Landrum
- 10 Cathy Plucinik
- 13 Glynene Roe
- 14 Anne Archer
- 15 Charles Bowles
Jasper Hood
Lou Mountford
- 16 Robin Foreman
- 17 Ruth Albrecht
- 18 Walter Deonik
Barbra Schmidt
- 19 Trish Simmons
- 22 Stan Westover
- 23 Stan Dimmick
- 30 Beulah Hajek

Anniversaries

- 6 Pat & Gerald Rowe
- 12 Bill Satterlee & Ginger
Huston
- 15 Tammy (Cates) & Matt
Palmerlee
- 26 John & Cheryl Willauer

*If your special day is missing,
please contact the church office.*

Altar Flowers

- 23 Given by Liz Rogers in
honor of Mike Fox's
birthday

**Other Sundays available
for your special day!!**



**UMW California-Pacific
Conference Annual
Meeting**

Saturday, October 22

Toberman Neighborhood Center in San Pedro
in celebration of Toberman's 113 years of community service.

Save these dates

UMW Mission Team

November 3 at 10:00 am in Room 10.

UMW Silver Tea

Saturday, December 3 at 1:00 pm in the Fellowship Hall.
Further information will be available in the next Courier.



Happy faces at the September General Meeting

Charge Conference ... San Fernando Valley Mission Area # 3

Monday, October 17, at 6:30 PM

North Hollywood 1st UMC

Called Church Conference

Tuesday, October 11, at 7:00 p.m. in the Library

North District Welcomes our new Bishop Grant Hagiya

October 16, 3:00-5:00 pm

Glendale First UMC, 134 N. Kenwood Street, Glendale, CA 91206



September Meetings

Bookends

Thursday, October 13

10:00 am

Church Library

Hostesses: Jean Smith &

Ann Peterson

Reviewer: Donna Nall

Book:

All Over but the Shoutin',

by Rick Bragg

Faith, Hope & Love

Wednesday, October 19

7:00 pm

Home of Chandra Seeger,
6625 Maplegrove, Oak Park

Lora O'Connor will provide

refreshments. We will

discuss our yearly

Thanksgiving basket.

Sarah Circle

Thursday, October 13

9:30 am

Breakfast at Denny's

8330 Topanga Canyon Blvd.

(north of Roscoe Blvd.)

Transportation Ministry

If you need a ride to church

events, or if you are

interested in becoming a

driver for the transportation

ministry, please

contact JoAnn Chadwick-

Ellis at 818-280-6441 or Mary

Mackay at 818-346-5872.

Backpacking at Philmont



What did **YOU** do this summer?

Boy Scout Troop 474 went on a 12 day - 70 mile backpacking trip at the Philmont Scout Ranch in New Mexico and had an amazing time!

There was so much planning and preparation before we left, the trip always seemed as if it would never get here. But one day, we finally departed on our journey. The drive there was long, and I am sure everyone felt excitement and also a bit of trepidation since we really did not know exactly what to expect. When we arrived at the Philmont base camp, it felt as if we had joined the military. There were rows and rows of exactly the same tents – tents for crews about to leave on their trek and tents for crews who have just returned from the field.

There was much to do at base camp before we headed out to the field. Checking our itinerary, medical checks, getting the first supply of food and meeting our ranger. Our ranger taught us how to stay safe and secure when out in the field. He showed us the bearmuda triangle, the area inside your camp where all smellables must stay, how to hang the bear bags and clean up after cooking. The ranger makes sure that when he leaves a crew, he is confident the crew has the ability to survive the rest of the trek.

Camping at Philmont is a mix of trail camps and staffed camps. A trail camp is where only the scout crews sleeping there are at the camp. Staffed camps have a specific theme and activities to support that theme.

At the staffed camps we heard ghost stories about the Urraca Mesa, visited a Mexican farming village from the 1800s, went to a cattle and horse ranch and rode horses, experienced how hard it was to be a miner in 1912, reloaded shotgun shells and then got to shoot them, raced with burros and climbed on a rock wall. Each one of these activities was after finishing the hiking for that day. It helped motivate us in

the morning to get up and get going to the next destination.

We also gave back to Philmont. Every crew participates in a conservation project. These can range from cleanup, construction or, in our case, trail building. We helped build a section of new trail to a lake on a mesa. It was eye-opening to learn how much work it takes to build a trail.

Whenever we encountered another crew we would always ask the same questions. Where are you from, what itinerary were you on, what have you seen and what day are you on. Early in the trek, when we encountered a crew that was on day 8 and above we had a sense of awe towards them. Sure we might have been a bit envious that they were close to completing their trek, but that they did survive. However, after day 6, we were the experienced crew when we encountered crews fresh on the trail. That made us feel good and always boosted our confidence.

The thing I learned from Philmont was that when you start off the journey seems daunting and insurmountable, but every step forward, every peak crossed and every camp at the end of the day shows you that you are getting stronger and closer to the ultimate goal. When you get to day 8 or 9, you start thinking that you will be back at base camp soon, which makes you both happy and sad. Happy, because you will be able to take a shower, put on clean clothes and have real food. Sad, because you have worked so long and hard to prepare for this journey and now it's almost over.

Now that the trip is over and we are back doing our normal daily activities, it almost seems like it was a dream. Of course it was better than a dream. It really happened and the memories will be with each of us for the rest of our days.



The troop took great photos of the trip. Share their adventure at one of these sites.

<https://goo.gl/6Z9EaG>

or

<https://flic.kr/s/aHskGjdQfK>

New Members Welcomed



Jessica Williams, Judith Austin, and Francis Leslie were received into the United Methodist Church on Sunday, August 28.

Judith Austin: I was blessed to find First Methodist Church Canoga Park when looking for a church when my parents visited for the winter in 1984, and now I am happy to be an official member. I work with my partner, Chuck Anaya, as representatives for several Seasonal Manufacturers, traveling a lot in the US and to Hong Kong.

Francis is raising her granddaughter, the enchanting Andrea, who already knows everyone in the church. Frances loves to sing and is looking forward to joining the choir.

Look for a brief introduction to Jessica next month.

Preschool News

by Wendy

“Back to School Night” was September 29th. This is always a great time for our parents to see their child’s classroom and some of the work they’ve been doing. It also gives the teachers an opportunity to fill them in on how things are going and what to expect throughout the year.

We had our Fall school pictures taken last week. We do school pictures in the Spring as well. The parents love to see how their child has changed.

The Preschool has adopted the Shower ministry. We will purchase items on their wish/need list every month as well as the kids drawing pictures and making cards for them. We are teaching our students how good to feels to help others.

Our Halloween parade will be held on Wednesday, October 26th at 9:30 am. We invite all our church friends to join us as we “trick or treat” and sing our Halloween songs!!

World Communion Sunday...October 2



The observance focuses the attention of United Methodists on the universal and inclusive nature of the church. One-half of the offering is for World Communion Sunday Scholars administered by the General Board of Global Ministries. The remaining half is to be used for the Ethnic Scholarship Program and the Ethnic In-Service Training Program, which are administered by the General Board of Higher Education and Ministry.



Pat Connolly
Louis Parrinello
Anne Archer
Coral Harper
Francis Leslie
George Dutcher
PJ Umphres
Evelyn Heim
Jack Taylor
Irene Zelaya
Joe Buttemeier
Jane Card
Ruth Albrecht
Martin & Margaret Shuler
Barbara & Stan Dimmick
Ted Jimenez
Chuck Engberg
LaDean Owen



To receive Prayer Chain e-mails, please contact Robin Abernathy at robingreenbird@yahoo.com "cc" the church office at crossandflame@att.net



Online Giving at FUMCCP

For your convenience, you can donate to the church at our website, whether it's for your weekly offering or to another fund such as Altar Flowers or Memorials. Go to the website and click on "Giving" in the top bar. You can donate using either a credit card or your PayPal account. The online form allows you to give all the details of the amount and purpose of your gift. All transactions are secured by PayPal and seen only by church financial officers.

website: <https://umccp.org>

"Why I Give"

Would you be willing to join a couple of your fellow congregants and speak briefly about your stewardship experience during our October 16th Sunday service? If so, please contact Pastor Lynn.

Estate Giving and FUMCCP

Have you considered leaving a gift to the church in your estate plan? If you already have a will or trust, consider adding the church as a beneficiary. That way, we can continue to offer a spiritual home to your family, friends, and neighbors.

Even if you don't have an estate plan, an easy way to remember the church is to visit your bank or credit union – wherever you do your everyday banking – and open an additional savings account. Name the First United Methodist Church of Canoga Park the Pay on Death (POD) beneficiary of the account. That's all there is to it. The account still belongs to you, and if something unexpected comes up – "I need to fix my transmission!" – you still have the use of your money. You can always replenish the account later.

If you opt to designate a gift to the UMCCP in this fashion, remember to let the church know. Recording the name and location of the financial institution where you've opened the account in the church files will ensure that your gift will be gratefully received.

Janice Marie Hawley

1 March 1946 – 23 July 2016

Jan Hawley died at home on 23 July 2016 after an eight-year struggle with Non-Hodgkin's Lymphoma. She was the daughter of Phyllis Heidebreicht and the late Everett Jacob. Jan attended school in Mt. Morris, Michigan, graduating from Mt. Morris High School in 1964. She married Michael Elwood Hawley shortly afterward and moved to California.



Jan and Mike were active members of our church for many years and raised their children here. Mike's parents were Pauline and El Hawley, also active in our church.

Jan is survived by her husband of 52 years, and their four children, Michael T. Hawley of Canyon Country, his wife Patti and their children Jessica, Katie and Michael; Jeanell Hawley of Baltimore, MD; Monica Hawley-Kaczka of Iowa City, Iowa, her husband David Kaczka and their children Andrew and Benjamin; and Kevin Hawley of Apple Valley and his wife Robin.

Funeral services were held at Helendale Community Church on Friday, 29 July and interment in our Memorial Rose Garden was held last month.

The family asks that contributions in her memory be made to the City of Hope.



Leisure

Tuesday
October 4
11:00 am
Lounge

Pot luck and Bingo
Don't forget shower ministry collection.

Marilyn Jean Kleinsmith

7 October 1926 – 12 August 2016

When Marilyn Jean Peterson met Paul Kleinsmith, she was dating his roommate. Eventually they fell in love, married 30 August 1951 and had two children, Connie and Terry. After Connie married Hal and Terry married Lory, four grandchildren arrived – Brian, Lauren and Jennifer now married to Doug, and Ashley.



Marilyn graduated from the University of Iowa School of Nursing. At the time of her marriage to Paul, she was Charge Nurse or supervisor in the Children's Hospital at University Hospital in Iowa City. Later, she was a stay at home mom until Connie and Terry left home. Then she worked for a time doing home health care.

Marilyn and Paul had been married over 56 years at the time of his death in 2008. She was a devoted wife. Among the first things people who knew Marilyn remember is her energy and the fun she and Paul had when they took trips with friends. Marilyn especially liked going to Santa Anita with the Boeing Retirement Club. She had a system. She bet on the jockey and usually went home with some winnings.

Marilyn loved being a homemaker and taking care of her family. She liked to sew. She made all of Connie's clothes and taught her daughter to sew. She liked to bake and cook. Christmas was big at their house with a tree and decorations, shared time together and, of course, cookies. Her Waldorf salad was a favorite at church pot lucks.

Marilyn, Paul, and children were active at St. John's in the Valley UMC. They walked the walk, so Connie and Terry grew up at St. John's church. Marilyn could always be counted on when there was a work party at church or when someone needed help.

One year, before traveling to Mexico, she gathered everything the family no longer needed and packed it in boxes to take with them. In Mexico, they searched for a church and gave the boxes to the congregation. Later, little kids from the church came by the campground to thank them. The children brought seashells they had polished as

gifts. Connie remembers that the kids lived in places with dirt floors and had nothing, except the shells they gave her family with thanks for what they had done. Lessons in generosity and gratitude like this stay with you.

Paul and Marilyn travelled the world. Camping at KOAs was a big part of the family's life together. They probably camped at every national park west of the Mississippi River.

Marilyn lived for three years in Independent Assisted Living at Sunrise Senior Living in Westlake Village, California near her daughter, Connie. She was still making friends. When you asked her, "How are you doing," she often smiled a wry smile and said, "Great!"

After Marilyn fell in July, her health deteriorated. But her sense of humor and faith remained strong. She read Guideposts, and did daily devotions. She steadfastly believed, "God knows where I am."

Like the Apostle Paul, Marilyn fought the good fight, she finished the race, she kept the faith. Now, she has gathered with the saints before the throne of God and of the Lamb, where the Lord God will be their light, and they will reign forever and ever.

Thanks be to God, who gives us the victory through our Lord and Savior Jesus Christ. (1 Corinthians 15:57)

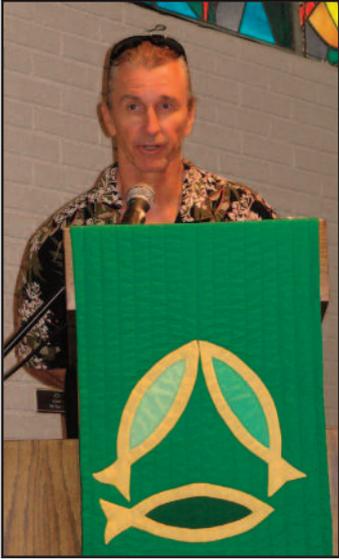
The Rev. Lynn Westover

Dear Pastor Lynn and friends from St. Johns and C.P. First,

I was very surprised and grateful for your support, prayers, and heartfelt words at Mom's service. It was really wonderful to see you all after so many years! Thank you for making the journey and taking the time to share in the service.

It was very special to meet some of you for the first time. Mom spoke of you all often with fondness and good memories. She truly missed attending services at C.P. after I moved her out here. I now know why she missed you all. You are all very special. Thank you for your friendship to Mom.

Blessings and Good health to all,
Connie Kleinsmith Cook



New Choir Robes

Will Landrum helped dedicate the new choir robes on Sunday, September 11. The robes were given by his father, John Landrum, in memory of his mother, Vivian Landrum.

Vivian always had a song in her heart and a love for choir. Starting at the young age of 8, she sang in the choir in Pineville, Kentucky. Her love

for choral music continued throughout her entire life, joining choirs in Harrodsburg, Kentucky and then in Naples, Florida. She passed away on Easter Sunday at the age of 86. We are blessed to honor her memory with the new choir robes. I know she will be looking down from heaven and beaming at their beauty.



Return Service Requested

22700 Sherman Way
West Hills, CA 91307-2396

FIRST UNITED METHODIST CHURCH OF CANOGA PARK



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Permit # 1